

Free Shift Rota Template

Morning, afternoon, night and rotating shift planning

Shift rota

Employee	Role	Mon	Tue	Wed	Thu	Fri	Hours
Amelia Carter	Supervisor	Morning	Morning	Off	Afternoon	Afternoon	40
Noah Patel	Team member	Off	Afternoon	Afternoon	Afternoon	Off	40
Grace Williams	Carer	Night	Night	Off	Off	Night	32
Oliver Khan	Security	Evening	Off	Evening	Evening	Off	40

How to use

1. Add staff 2. Set shift patterns 3. Review cover 4. Publish
- Tip: check rest periods before publishing night rotas.

Ready to replace your spreadsheet?

Plan shifts with availability, swaps and mobile access.

alphanomic.com/staff-rota-software